

**.Premier Periodontics Sam J. Nechamkin, D.D.S., M.S.
Pre Operative Instructions : Medications and Anesthesia**

Please review at least 10 days prior to surgery

Current Medications

Do not take over-the-counter medications at least 10 days prior to surgery; specifically, do not take aspirin, fish oils or vitamin E. Ingestion of these types of medications thins your blood; thus, ingestion will delay your surgical procedure. Do Not eat or drink anything prior to the procedure except a small glass of water with your antibiotic and other prescription medication that Dr. Nechamkin has approved for you to continue taking prior to the procedure; example, High Blood Pressure meds.

If you are unsure you should stop or continue taking any prescription medication, please inquire with Dr. Nechamkin prior to taking action on your own.

Medication Prescribed for Surgery

Please fill your prescriptions prior to your procedure date and take accordingly:

Antibiotic

Start 2 days prior to your surgery and take according to the directions on the prescription bottle until the medication is gone.

Start: _____

Pepcid AC (over-the-counter Antiacid)

Take one tablet the night prior to surgery and one tablet the morning of your surgery.

Start: _____

Pain Medication

After you have eaten something soft, take 1 pill once you arrive home; do not take on an empty stomach. Take the remaining medication according to the directions on the prescription bottle as needed for pain. If you need a weaker medication for pain, take (4) 200mg tablets of Advil/Ibuprofen at one time; however, do not take this regiment more than once per 12 hour period.

Start: _____

Steroid (if prescribed)

Begin the morning after surgery and take the medication according to the directions on the prescription packet.

Start: _____

Mouth Rinse

Start the night of the day after your surgery. Each night before bed, pour approximately 1 ounce into the bottle lid or a cup and roll or softly swish the liquid around your entire mouth. Discard in the sink; do not swallow. Repeat each night until Dr. Nechamkin gives you further directions at your post-operative appointment.

Start: _____

Specific Types of Anesthesia

Together, you and Dr. Nechamkin will discuss your treatment plan as well as the type of anesthesia necessary for your procedure. Each type of anesthesia requires different pre-operative instructions.

Local and/or Nitrous Oxide

Little or no special preparation for either of these types of anesthesia is required other than a current medical history.

Oral Pre-medications

A responsible adult over 18 years of age must drive you to and from the office and remain with you after you are released from the office for the next 3 to 24 hours. Minors (persons under the age of 18 years) must be accompanied by a parent or legal guardian.

- The medication will be dispensed from our office at the time of the surgical appointment.
- You must not drive for 12 hours following taking this medication.

Intravenous Conscious Sedation “IV Sedation”

To reduce the chances of nausea, do not eat or drink anything (except small glass of water for medications) for at least six hours prior to your appointment. If your surgery is in the morning do not eat or drink anything between bedtime and your scheduled appointment. If your surgery is in the afternoon, a light breakfast before 7:00 a.m. is encouraged.

A responsible adult over 18 years of age must drive you to and from the office and remain with you after you are released from the office for the next 3 to 24 hours. Minors (persons under the age of 18 years) must be accompanied by a parent or legal guardian.

- You must not drive for 12 hours following taking this medication.
- Wear a loose-fitting shirt of which the sleeves can be rolled up to the shoulder.
- Remove contact lenses and fingernail polish.
- Do not wear jewelry; please leave valuables at home